The ‘Committing to Spiritual Presence’ teleconference has been a great work. We gained tremendously from the teachings and are honored by your willingness. The awareness of our Essence is strengthened and empowered through your commitment to follow the exercises mapped out in the program. Thank you for the courage you bring, to see from this perspective. We are honored to walk the path with you.

More than once, I felt caught in old reactions produced by my protector guardians. When I accepted that my essential self was separate from these guardians, it felt like the inner conflict and stress started to digest. In time I began to understand why honoring the protection was important. By bringing honor to the process, it allowed me to align with the truth rather than my wounded identity. This allowed a deeper voice inside that could forgive and release, in parts of my psyche where my essence has not seen the light of day for a long while. Seeing the guardians without being afraid or averted by their force allowed my presence to grow. I feel more capable to take responsibility for what I am feeling and to see my spirit in action.

We encourage you to continue listening to the CD’s.

The process work unfolds in layers. As we grow, we always hear something new on the CD’s. For example, I was working with trust issues around the ease field. Can I trust the process to unfold or do I have to get in there with all my anxious thoughts to make it happen. Am I willing to take responsibility for the worry, overwhelm and frustration I generate? Can I admit my part when I project negative energy into projects or people? As I listened to the CD, I remembered the formula of how to handle the energy. More importantly, I could feel the energy field transmitting within the words, subtle and sure. I felt the shift, as I calmed down and started to listen. It was all there, crystal clear, smiling at me. Every time I got caught in reaction, I would hear its resolution charted on the CD the next time I listened. Layer upon layer, I heard something new every time.

Our vow this year is to access spiritual support for all of us and empower what we have come to do. The Manifesting Codes is the next study program we did, to clear and energize each of the chakras, and empower and align to the archangels. is geared to that support, by creating ease and balance as we unfold our projects and reclaim our right to get our needs met. This will be the work of the Retreat as well, to create a solid foundation of love, practical and empowering, shifting our perception from the will into the heart. We all deserve to be supported and to experience love in ever expanding ways.

Thank you for being connected.

Much aloha,

Nancy and Errol